

My Journey to Financial Freedom:

Freed-Up Financial Living Roadmap

My Table Group:

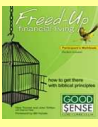


Leader's Name: _____



Leader's Phone _____

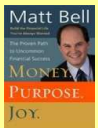
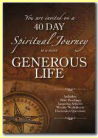

My Small Group:

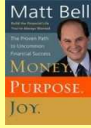
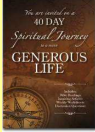
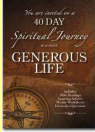

Leader's Name: _____

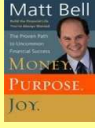
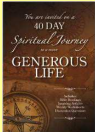
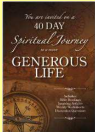

Leader's Phone _____

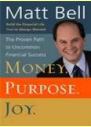
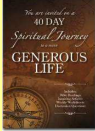
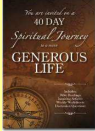

Prework: Freed-Up Financial Living		■ Day 1	■ Day 2	■ Day 3	■ Day 4	■ Day 5	■ Day 6	■ Day 7
	 Prework Packet	Review the packet & pray for God's wisdom in your finances	Complete the Goals to Achieve this Year worksheet.	Complete the What I Owe worksheet.	Complete the What I Own worksheet.	Complete the What I Spend worksheet.		If applicable, meet with your spouse to review the completed packet.
	 Bible Reading	Proverbs 16:3	Deuteronomy 8:18	James 1:17	Luke 12:15	Luke 14:28-30	Philippians 4:12-13	1 Timothy 6:17-19
	 Key Milestones	<input type="checkbox"/> 1. Goals to Achieve, What I Owe, What I Own, and What I Spend worksheets completed <input type="checkbox"/> 2. Bible reading completed <input type="checkbox"/> 3. I met with my spouse or another person to review my Prework <input type="checkbox"/> 4. I prayed for God's wisdom and help in my finances						

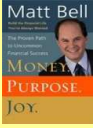
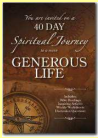

Freed-Up Financial Living Workshop		■ Session 1	■ Session 2	■ Session 3	■ Session 4	■ Session 5	■ Session 6	■ Next Steps
	 Workbook	Two Masters, One Servant	Earning and Giving	Giving and Saving	Debt	Spending	Adjusting the Spending Plan	Next Steps and Commitment
	 Key Milestones	<input type="checkbox"/> 1. I identified and wrote down my three financial goals <input type="checkbox"/> 2. I identified where unexpected income will be allocated <input type="checkbox"/> 3. I completed the Debt Reduction Plan (& set an amount to be made each month to reduce debt) <input type="checkbox"/> 4. I identified areas where I can "Drive a stake in the ground" on my lifestyle <input type="checkbox"/> 5. I completed all areas of my Spending Plan <input type="checkbox"/> 6. I filled out the Commitment Plan <input type="checkbox"/> 7. I completed the course! <input type="checkbox"/> 8. I am committed to continuing my journey toward financial freedom by completing the devotional (40 Day Spiritual Journey to a more Generous Life) and participating in a small group						

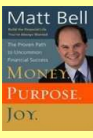
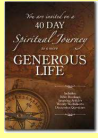

Week 1 Prep for Small Group		■ Day 1	■ Day 2	■ Day 3	■ Day 4	■ Day 5	■ Day 6	■ Day 7
	 Book & Discussion Guide	Read chapter 1 of Money, Purpose, Joy	Read Proverbs 3:5 & Jeremiah 29:11	Read pages 17-20 of the Discussion Guide , completing the Think It Through section			Review your materials from the Freed Up Financial Living workshop.	Pray specifically for Godly wisdom in your spending choices
	 Reading	Page 7	Pages 8 - 10	Page 11	Page 12	Page 13	Page 14	Pages 15-16
	Project	■ I completed the week 1 project on pages 17 - 19						
 Key Milestones	<input type="checkbox"/> 1. I evaluated every spending decision this week and asked myself if it was foolish or faithful ? <input type="checkbox"/> 2. I began to enter spending on Spending Record sheet each day <input type="checkbox"/> 3. I identified what I hope to get out of the Small Group study							

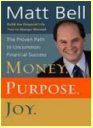
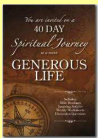

		■ Day 8	■ Day 9	■ Day 10	■ Day 11	■ Day 12	■ Day 13	■ Day 14	
Week 2 Our Financial Journey	 Book & Discussion Guide	Attend Small Group for Session 1	Read & complete the Take It to Heart journal in the Discussion Guide (p. 21-23)	Read Chapters 2 & 3 in Money, Purpose, Joy		Pray for God to show you additional ways to earn a little extra	Read pages 25-29 of the Discussion Guide , completing the Think It Through section		
	Begin tracking variable expenses using the form on page 30 of the Freed Up Financial Living workbook								
	 Reading	Page 21	Pages 22 - 24	Page 25	Page 26	Page 27	Page 28	Pages 29 -30	
	 Project	■ I completed the week 2 project on pages 31-33							
 Key Milestones	<input type="checkbox"/> 1. I discussed my financial journey and main points from my journal with my spouse or another person <input type="checkbox"/> 2. I participated in the Small Group discussions <input type="checkbox"/> 3. I identified where unexpected income will be allocated <input type="checkbox"/> 4. I continued to enter spending on Spending Record sheet each day								

		■ Day 15	■ Day 16	■ Day 17	■ Day 18	■ Day 19	■ Day 20	■ Day 21	
Week 3 Where We Are	 Book & Discussion Guide	Attend Small Group for Session 2	Read & complete the Take It to Heart journal in the Discussion Guide (p. 31-33)	Read Chapters 4 & 5 in Money, Purpose, Joy		Read pages 35-39 of the Discussion Guide , completing the Think It Through section		If married, go on a "date night" and discuss what you've learned so far	
	Continue tracking variable expenses using the form on page 30 of the Freed Up Financial Living workbook								
	 Reading	Page 35	Page 36-38	Page 39	Page 40	Page 41	Page 42	Pages 43-44	
	 Project	■ I completed the week 3 project on pages 45-47							
 Key Milestones	<input type="checkbox"/> 1. I participated in the Small Group discussions <input type="checkbox"/> 2. I wrote down Tangible and Financial Goals on page 32 in the Discussion Guide <input type="checkbox"/> 3. I saved SOMETHING & gave SOMETHING this week <input type="checkbox"/> 4. I continued to enter spending on Spending Record sheet each day								

		■ Day 22	■ Day 23	■ Day 24	■ Day 25	■ Day 26	■ Day 27	■ Day 28	
Week 4 Where We Belong	 Book & Discussion Guide	Attend Small Group for Session 3	Read & complete the Take It to Heart journal in the Discussion Guide (p. 41-43)	Read Chapter 6 in Money, Purpose, Joy	Read pages 45-49 of the Discussion Guide , completing the Think It Through section		Reflect on and celebrate your successes so far!	Review & modify your Debt Reduction Plan	
	Continue tracking variable expenses using the form on page 30 of the workbook								
	 Reading	Page 49	Pages 50-52	Page 53	Page 54	Page 55	Page 56	Pages 57-58	
	 Project	■ I completed the week 4 project on pages 59-61							
 Key Milestones	<input type="checkbox"/> 1.. I participated in the Small Group discussions <input type="checkbox"/> 2. I set my goal for the additional payment to be made each month to begin reducing debt <input type="checkbox"/> 3. I celebrated my financial successes <input type="checkbox"/> 4. I continued to enter spending on Spending Record sheet each day								

		■ Day 29	■ Day 30	■ Day 31	■ Day 32	■ Day 33	■ Day 34	■ Day 35
Week 5 How We'll Get There, Part 1	 Book & Discussion Guide	Attend Small Group for Session 4	Read & complete the Take It to Heart journal in the Discussion Guide (p. 50-51)	Read Chapters 7 & 8 in Money, Purpose, Joy		Begin making changes that reduce your living expenses	Read pages 53-57 of the Discussion Guide , completing the Think It Through section	
	Continue tracking variable expenses using the form on page 30 of the workbook							
	 Reading	Page 63	Pages 64-66	Page 67	Page 68	Page 69	Page 70	Pages 71-72
	Project	■ I completed the week 5 project on pages 73-75						
 Key Milestones	<input type="checkbox"/> 1. I participated in Small Group discussions <input type="checkbox"/> 2. I identified and made changes that will reduce my living expenses <input type="checkbox"/> 3. I am committed to getting out of debt & told someone my plan to do so (see p. 107 in Money, Purpose, Joy) <input type="checkbox"/> 4. I continued to enter spending on Spending Record sheet each day							

		■ Day 36	■ Day 37	■ Day 38	■ Day 39	■ Day 40	■ Day 41	■ Day 42
Week 6 How We'll Get There, Part 2	 Book & Discussion Guide	Attend Small Group for Session 5	Read & complete the Take It to Heart journal in the Discussion Guide (p. 59-63)	Read Chapters 9, 10 & 11 in Money, Purpose, Joy		Read pages 65-70 of the Discussion Guide, completing the Think It Through section		
	Continue tracking variable expenses using the form on page 30 of the workbook							
	 Reading	Page 77	Page 78	Page 79	Page 80	Page 81		
	Project	■ I completed the week 6 project on pages 82-86						
 Key Milestones	<input type="checkbox"/> 1. I participated in Small Group discussions <input type="checkbox"/> 2. I created a long-term plan to achieve "If, When, and Why" savings <input type="checkbox"/> 3. I compared the monthly spending guidelines to my Spending Plan to determine areas to adjust <input type="checkbox"/> 4. I reviewed opportunities to lower my spending in several categories from the best practices mentioned							

		■ Day 8	■ Day 9	■ Day 10	■ Day 11	■ Day 12	■ Day 13	■ Day 14
Week 7 Help for the Journey	 Book & Discussion Guide	Attend Small Group for Session 6	Read & complete the Take It to Heart journal in the Discussion Guide (p. 71-73)	Read Chapter 12 in Money, Purpose, Joy	Read pages 75-80 of the Discussion Guide , completing the Think It Through section		Discuss the Talk It Over questions on page 80-82 with your spouse or someone else	Read & complete the Take It to Heart journal in the Discussion Guide (p. 83-84)
	Begin tracking variable expenses using the form on page 30 of the Freed Up Financial Living workbook							
	 Reading	Page 21	Pages 22 - 24	Page 25	Page 26	Page 27	Page 28	Pages 29 -30
	Project	■ I completed the week 2 project on pages 31-33						
 Key Milestones	<input type="checkbox"/> 1. I discussed my financial journey and main points from my journal with my spouse or another person <input type="checkbox"/> 2. I participated in the Small Group discussions <input type="checkbox"/> 3. I completed Session 7 on my own <input type="checkbox"/> 4. I asked someone to partner with me in my financial journey for guidance and accountability							